

## Awesome Princesses Workshop - (strong female leads)

**Goal:** Teach kids there are many different ways to be a girl or woman, people don't need to act how they are expected to; don't judge a book by its cover.

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**Materials:** Post-its, Princess Pictures, Paper bags, Collage materials, Glue & sticks, Markers, Cue cards

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### Part 1:

(10 mins) **Brainstorm** - what does it mean to be a princess? "Princesses can be..." Add ideas on Post-its to chart paper.

(15 mins) Watch **Atalanta** sketch from **Free to Be You and Me** - discuss what her parents expect, and what Princess Atalanta did instead. Add these ideas to the list of what a princess can be.

[https://www.youtube.com/watch?v=q-77\\_cVnmUQ](https://www.youtube.com/watch?v=q-77_cVnmUQ)

(10 mins)

**show pictures of different princesses**, and place a picture on each table. kids pick a table to brainstorm about what they know about each princess (pick group leader) – write down ideas on post-its

Examples can include:

- Princess Smartypants
- The Paperbag Princess
- Sleeping Beauty
- Anna & Elsa
- Princess Leia

(5 mins) If time, each **group presents**

(15 mins) **Read Princess Grace** (if time permits)

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### Part 2

(10 mins) - **Read Paper Bag princess**

(5 mins) – Model making an awesome paper bag princess, using paper bags and a variety of collage materials

Think Pair Share – tell each other about the princess you want to make, and what will make their princess awesome

(30 mins)- Kids to make their own Awesome Princesses with paper bags and materials

Have out bags, fabric, jewels, hair (yarn), markers, glue.

On cue cards, children can write “My princess is awesome because....” And attach to their finished princess





